

Menu Subject to Change without Notice  
USDA IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER

**Lunch** \$3.00  
or \$0.40 reduced  
**Breakfast** \$2.00  
or \$0.30 reduced

Monday, August 21

**WELCOME BACK!**

Back to School BBQ  
Burger Bar  
on Local Bun with  
toppings on Salad Bar  
(Hamburguesa)



Tuesday, August 22

Bean & Cheese  
Burrito\*  
(Burrito de Frijoles y  
Queso)



**(Pizza at Monarch  
Grove)**

Wednesday, August 23

Spaghetti Meatball  
Marinara  
with Local Breadstick  
(Espaguetis con  
Albóndigas)

**(Pizza at Hawthorne)**

Thursday, August 24

Lemongrass Chicken  
with Rice and  
Local Veggies  
(Pollo a la hierba limón  
con arroz y vegetales)

**(Pizza at Sinsheimer &  
Del Mar)**

Friday, August 25

Cheese Filled  
Breadsticks\*  
with Marinara  
Dipping Sauce  
(Pan con Queso)

**(Pizza at Pacheco)**

All meals include milk  
and daily Salad Bar  
\* is a meatless entrée

Monday, August 28

Mini Corndogs  
with Veggies  
(Mini Peto Caliente de  
Maiz con Vegetales)

Tuesday, August 29  
**Taco Tuesday:**

Beef Tacos with  
Cilantro Lime Rice  
(Tacos de Carne de Res  
con Arroz)

**(Pizza at Bishop's Peak)**

Wednesday, August 30

House Made  
Mac & Cheese\*  
(Macarrones con  
Queso)

**(Pizza at Cl Smith)**

Thursday, August 31

Chicken Noodle Bowl  
with Honey Garlic Soy  
Sauce & Local Veggies  
(Tazón de Fideos de Pollo)

**(Pizza at Los Ranchos/  
Baywood)**

Friday, September 1

Ham & Cheese  
Sandwich  
with Goldfish Crackers  
(Sandwich de Jamon y  
Queso con Galletas)

**(Pizza at Teach)**

Monday, September 4

**NO SCHOOL**



Tuesday, September 5

Beef, Bean and  
Cheese Nachos  
(Carne de Res, Frijoles y  
Queso Nachos)

**(Pizza at Monarch  
Grove)**

Wednesday, September 6

Chicken Alfredo  
with Local Breadstick  
(Alfredo de pollo)

**(Pizza at Hawthorne)**

Thursday, September 7

Sweet & Sour  
Meatballs with  
Lo Mein Noodles  
(Carne Agri dulce y Arroz)

**(Pizza at Sinsheimer &  
Del Mar)**

Friday, September 8

House Made  
Hawaiian Pizza  
(Pizza de Hawaiana)

**(Pizza at Pacheco)**

Monday, September 11

Cheeseburger on  
Local Bun with  
Oven Fries  
(Hamburguesa y  
Papas)

Tuesday, September 12

Chicken Tamale  
with Beans  
(Tamal de pollo)

**(Pizza at Bishop's Peak)**

Wednesday, Sept. 13

Chicken Pot Pie  
with Biscuit  
(Pastel Pollo y Bollos)

**(Pizza at Cl Smith)**

Thursday, September 14

Teriyaki Beef Bowl  
with Rice & Local  
Veggies  
(Plato de carne de res  
teriyaki)

**(Pizza at Los Ranchos/  
Baywood)**

Friday, September 15

**Breakfast 4 Lunch:**

Pancakes with  
Turkey Sausage  
(Panqueque con  
salchicha de pavo)



**(Pizza at Teach)**

Monday, September 18

BBQ Pulled Chicken  
Sandwich  
on Local Bun  
(Sandwich de Pollo  
Barbacoa)

Tuesday, September 19

Chicken, Bean and  
Cheese Tostada  
(Tostada de Pollo,  
Frijoles y Queso)

**(Pizza at Monarch  
Grove)**

Wednesday, Sept. 20

Stir-fry with Veggies  
and Noodles  
with Spring Roll\*  
(Salteado de fideos  
con Vegetales)

**(Pizza at Hawthorne)**

Thursday, September 21

Carnitas Burrito Bowl  
with Cilantro-Lime Local  
Grains, Beans and Corn  
(Carnitas burrito tazón)

**(Pizza at Sinsheimer &  
Del Mar)**

Friday, September 22

House Made  
Taco Pizza  
(Pan con Carne y  
Queso)

**(Pizza at Pacheco)**

Monday, September 25

Whole Muscle  
Chicken Sandwich  
on Local Bun  
(Sandwich de Pollo)

Tuesday, September 26

Bean & Cheese  
Burrito\*  
(Burrito de Frijoles y  
Queso)

**(Pizza at Bishop's Peak)**

Wednesday, Sept. 27

Spaghetti Meatball  
Marinara  
with Local Breadstick  
(Espaguetis con  
Albóndigas)

**(Pizza at Cl Smith)**

Thursday, September 28

Lemongrass Chicken  
with Rice and  
Local Veggies  
(Pollo a la hierba limón  
con arroz y vegetales)

**(Pizza at Los Ranchos/  
Baywood)**

Friday, September 29

Cheeseburger on  
Local Bun with  
Oven Fries  
(Hamburguesa y Papas)

**(Pizza at Teach)**

Monday Breakfast

Fresh Fruit, Juice, Milk  
Bagel & Cream Cheese  
Or  
Whole Grain Cereal

Tuesday Breakfast

Fresh Fruit, Juice, Milk  
Yogurt & Grahams  
Or  
Whole Grain Cereal

Wednesday Breakfast

Fresh Fruit, Juice, Milk  
Breakfast Burrito  
Or  
Whole Grain Cereal

Thursday Breakfast

Fresh Fruit, Juice, Milk  
Whole Grain Breakfast Pastry  
Or  
Whole Grain Cereal

Friday Breakfast

Fresh Fruit, Juice, Milk  
Fresh Local Muffins  
Or  
Whole Grain Cereal

**Free and Reduced Meal Applications:**

EACH FAMILY MUST SUBMIT A NEW APPLICATION FOR FREE/REDUCED PRICED MEALS  
AND TURN IN TO THE FOOD SERVICE OFFICE BY OCTOBER 6.

For a copy of the meal application, please visit the Food Service Page on the District Website  
(slcusd.org) OR obtain a copy from your school office.

PAYMENTS FOR LUNCH CAN BE MADE BY CHECK TO YOUR SCHOOL OR ONLINE AT EZSCHOOLPAY.COM

Follow Us On  
Instagram:



**@SLCUSDFOOD**

**Lunch** \$3.00  
or \$0.40 reduced  
**Breakfast** \$2.00  
or \$0.30 reduced

All meals include milk  
and daily Salad Bar  
\* is a meatless entrée



Monday, October 2	Tuesday, October 3	Wednesday, October 4	Thursday, October 5	Friday, October 6
<p>Mini Corndogs with Veggies (Mini Perro Calleñte de Maiz con Vegetales)</p>	<p><b>Taco Tuesday:</b> Chicken Fajitas with Spanish Rice (Tacos de Pollo con Arroz) <b>(Pizza at Monarch Grove)</b></p>	<p>House Made Mac &amp; Cheese* (Macarrones con Queso) <b>(Pizza at Hawthorne)</b></p>	<p> Local Grass-Fed Beef Burger Bar on Local Bun with Toppings on Salad Bar (Hamburguesa) <b>(Pizza at Sinsheimer &amp; Del Mar)</b></p>	<p>Ham &amp; Cheese Sandwich with Goldfish Crackers (Sándwich de Jaman y Queso con galletas) <b>(Pizza at Pacheco)</b></p>
Monday, October 9	Tuesday, October 10	Wednesday, October 11	Thursday, October 12	Friday, October 13
<b>National School Lunch Week October 9-13</b>				
<p>Chicken Tenders with Mashed Potatoes (Pollo con Papas)</p>	<p>Beef, Bean and Cheese Nachos (Carne de Res, Frijoles y Queso Nachos) <b>(Pizza at Bishop's Peak)</b></p>	<p>Chicken Alfredo with Local Breadstick (Alfredo de pollo) <b>(Pizza at CL Smith)</b></p>	<p>Sweet &amp; Sour Meatballs with Lo Mein Noodles (Carne Agridulce y Arroz) <b>(Pizza at Los Ranchos/ Baywood)</b></p>	<p>House Made BBQ Chicken Pizza (Pizza de Pollo) <b>Frozen Fruit Ice (Pizza at Teach)</b></p>
Monday, October 16	Tuesday, October 17	Wednesday, October 18	Thursday, October 19	Friday, October 20
<p>All Beef Hot Dog on Local Bun with Baked Beans (Perros Calleñtes y Frijoles)</p>	<p>Chicken Tamale with Beans (Tamal de pollo) <b>(Pizza at Monarch Grove)</b></p>	<p>Chicken Pot Pie with Biscuit (Pastel Pollo y Bollos) <b>(Pizza at Hawthorne)</b></p>	<p> Teriyaki Beef Bowl with Rice &amp; Local Veggies (Plato de carne de res teriyaki) <b>(Pizza at Sinsheimer &amp; Del Mar)</b></p>	<p>Pancakes with Turkey Sausage (Panqueque con satchicha de pavo) <b>(Pizza at Pacheco)</b></p>
Monday, October 23	Tuesday, October 24	Wednesday, October 25	Thursday, October 26	Friday, October 27
<p>BBQ Pulled Chicken Sandwich on Local Bun (sandwich de pollo barbacoa)</p>	<p>Chicken, Bean and Cheese Tostada (tostada de pollo, frijoles y queso) <b>(Pizza at Bishop's Peak)</b></p>	<p>Stir-fry with Veggies and Noodles with Spring Roll* (Salteado de fideos con vegetales) <b>(Pizza at CL Smith)</b></p>	<p> Carnitas Burrito Bowl with Cilantro-Lime Local Grains, Beans and Corn (Carnitas burrito tazón) <b>(Pizza at Los Ranchos/ Baywood)</b></p>	<p>House Made Hawaiian Pizza (Pizza de Hawaiana) <b>(Pizza at Teach)</b></p>
Monday, October 30	Tuesday, October 31	<p><b>HAPPY HALLOWEEN!</b> Witches' Brew Chili with Cornbread (Chili y pan de maiz) <b>HALLOWEEN COOLIE (Pizza at Monarch Grove)</b></p>		
<p>Whole Muscle Chicken Sandwich on Local Bun (Sándwich de Pollo)</p>	<p> BOO!</p>	<p><b>National School Lunch Week</b> October 9-13, 2017 #NSLW17 #schoollunch #recipesforsuccess</p>		
<p><b>Monday Breakfast</b> Fresh Fruit, Juice, Milk Bagel &amp; Cream Cheese Or Whole Grain Cereal</p>	<p><b>Tuesday Breakfast</b> Fresh Fruit, Juice, Milk Yogurt &amp; Grahams Or Whole Grain Cereal</p>	<p><b>Wednesday Breakfast</b> Fresh Fruit, Juice, Milk Breakfast Burrito Or Whole Grain Cereal</p>	<p><b>Thursday Breakfast</b> Fresh Fruit, Juice, Milk Whole Grain Breakfast Pastry Or Whole Grain Cereal</p>	<p><b>Friday Breakfast</b> Fresh Fruit, Juice, Milk Fresh Local Muffins Or Whole Grain Cereal</p>

**LOCAL FARM SPOTLIGHT:**

Look for local melon from Robin Song Farm in Templeton AND local tomatoes from SLO VEG and The Berry Man both in San Luis Obispo on the Salad Bar Wednesdays this Fall!



**Meal Charge Policy:**

**Forget your meal money? Don't worry!**

Elementary students are allowed to charge up to \$25 on their meal accounts. We send reminders home to refill negative meal accounts weekly. An alternate meal of fruit, vegetables and milk will be offered if students exceed the \$25 charge limit. We will never turn a student away from receiving a meal. Please contact your school site or the Food Service Office if you need to work out a payment plan or if you need a meal application.